Instructions: Please mark the line with an ‘X’ to describe the severity of fatigue that you are currently experiencing (think of the last week including today), from no fatigue at all (mark on the left of the line) to maximum fatigue (mark on the right of the line).

Fatigue as bad

No Fatigue as possible

## General Instructions

Note: This scale is not designed to be used as a standalone assessment of fatigue severity and it should be administered with another measure.

This element is classified as Supplemental for ME/CFS and should be collected if the research team considers it appropriate for their study.

This element is classified as Exploratory for MS studies and should be collected if the research team considers it appropriate for their study.