## Assessment Date/Time

## Injury Date/Time

## Did participant return to sport?

## [ ] Yes [ ] No [ ] Unknown

##  If yes, indicate date:

## Did participant return to same sport?

## [ ] Yes [ ] No [ ] Unknown

## Did participant return to same level of activity?

## [ ] Yes [ ] No [ ]  Unknown

Additional Elements:

Note Specify date complete for each stage listed below:

## Rehabilitation stage[[1]](#endnote-1): Note: Specify date complete for each stage listed below:

[ ] No activity (symptom limited physical and cognitive rest)

* + - 1. Specify date stage completed:

[ ] Light aerobic exercise (walking, swimming or stationary cycling keeping intensity <70% maximum permitted heart rate; no resistance training)

* + - 1. Specify date stage completed:

[ ] Sport-specific exercise (skating drills in ice hockey, running drills in soccer; no head impact activities)

* + - 1. Specify date stage completed:

[ ] Non-contact training drills (progression to more complex training drills, eg passing drills in football and ice hockey; may start progressive resistance training)

* + - 1. Specify date stage completed:

[ ] Full-contact practice (following medical clearance participate in normal training activities)

* + - 1. Specify date stage completed:

[ ] Return to play (normal game play)

* + - 1. Specify date stage completed:

## General Instructions

Important note: None of the data elements on this CRF Module are considered Core (i.e., strongly recommended for all sports-related concussion clinical studies to collect). They are supplemental and should only be collected if the research team considers them appropriate for their study.

## Specific Instructions

*Please see the Data Dictionary for definitions for each of the data elements included in this CRF Module.*

Question 6: Reference listed for question and table below for the graduated return to play protocol.



1. McCrory P, Meeuwisse WH, Aubry M, et al. Consensus statement on concussion in sport: the 4th International Conference on Concussion in Sport head in Zurick, November 2012. Br J Sport Med 2013 47:250-258 [↑](#endnote-ref-1)