

#### **NIH Resources**

The NINDS also strongly encourages researchers to use these NIH developed materials for NINDS-sponsored research, when appropriate. Utilization of these resources will enable greater consistency for NINDS-sponsored research studies. These tools are free of charge.

- National Institutes of Health (NIH) Toolbox
- Quality of Life in Neurological Disorders (Neuro-QOL)
- Patient-Reported Outcomes Measurement Information System (PROMIS)

#### **Suicidal Ideation**

Investigators should review the FDA's "Guidance for Industry: Suicidal Ideation and Behavior: Prospective Assessment of Occurrence in Clinical Trials" for the most up-to-date information about suicidal ideation and behavior. One scale that FDA suggests is the Columbia Suicide Severity Rating Scale (C-SSRS) (available at Columbia Suicide Severity Rating Scale Website).

Disease/Domain	Recommendations and List of Forms
Myasthenia Gravis (MG)	Core elements and Supplemental – Highly Recommended instruments:  See Start-Up Resource Listing document MG Start-Up Resource Listing (Myasthenia Gravis Start-Up Resource Listing)
Participant/Subject Characteristics/Demo graphics	Core: Demographics, General Core Supplemental – Highly Recommended: None Supplemental: Demographics Exploratory: None
Participant / Subject Characteristics / Social Status	Core: Social Status Supplemental – Highly Recommended: None Supplemental: None Exploratory: None
Participant/Subject History and Family History/General Health History	Core: Family History, Medical History  Supplemental – Highly Recommended: None  Supplemental: Family History, Medical History, Prenatal and Perinatal History, Surgical History  Exploratory: None



Disease/Domain	Recommendations and List of Forms
Disease/Injury Events/History of Disease/Injury Event	Core: Medical History of MG
	Supplemental – Highly Recommended: None
	Supplemental: Medical History of MG
	Exploratory: None
Disease/Injury Related Events/Classification	Core: Confirmatory Diagnostic Tests
	Supplemental – Highly Recommended: None
	Supplemental: None
	Exploratory: None
Assessments and Examinations/Physical /Neurological Examination	Core: None
	Supplemental – Highly Recommended: None
	Supplemental: Physical Examination, Polysomnography
	Exploratory: None
Assessments and	Core: Vital Signs
Examinations / Vital	Supplemental – Highly Recommended: None
Signs and Other Body Measures	Supplemental: Vital Signs
	Exploratory: None
Assessments and Examinations / Laboratory Tests and	<b>Core:</b> Fat Aspirate Tissue Specimens, Muscle Biopsy and Autopsy Tissue, Peripheral Nerves – Biopsies and Autopsies, Skin Biopsies for Qualification of Intraepidermal Nerve Fibers, Laboratory Tests and Tracking
Biospecimens / Biomarkers	Supplemental – Highly Recommended: None
Biomarkers	Supplemental: Biomarkers and Sample Data Guidelines, Biospecimen Collection Guidelines for Use, Fat Aspirate Tissue Specimens, Gene Table and Guidelines for Use, Laboratory Tests and Tracking, Laboratory Tests Recommendations Table and Guidelines for Use, Muscle Biopsy and Autopsy Tissue, Mutation Analysis, Skin Biopsies for Qualification of Intraepidermal Nerve Fibers, Peripheral Nerves – Biopsies and Autopsies
	Exploratory: None



Disease/Domain	Recommendations and List of Forms
Assessments and Examinations / Imaging Diagnostics	Core: Chest Imaging - MG
	Supplemental – Highly Recommended: None
	Supplemental: Brain Magnetic Resonance Imaging (MRI), Cardiac Magnetic Resonance Imaging (MRI), Diffusion Tensor Imaging (DTI), Dual-Energy X-Ray Absorptiometry (DEXA), Echocardiogram, Magnetic Resonance Imaging (MRI), Magnetic Resonance Spectroscopy (MRS)
	Exploratory: None
Assessments and Examinations/Non-Imaging Diagnostics	Core: None
	Supplemental – Highly Recommended: None
	<b>Supplemental:</b> Electrocardiogram (ECG), Electrophysiology – MG, Holter Examination
	Exploratory: None
Treatment /	Core: Prior and Current Treatments for MG
Intervention Data / Drugs	Supplemental – Highly Recommended: None
	Supplemental: Prior and Current Treatments for MG
	Exploratory: None
Treatment /	Core: Thymectomy
Intervention Data / Surgeries and Other Procedures	Supplemental – Highly Recommended: None
	Supplemental: Thymectomy
	Exploratory: None
Treatment / Intervention Data / Therapies	Core: None
	Supplemental – Highly Recommended: None
	Supplemental: Gastrointestrinal Therapies, Respiratory Interventions
	Exploratory: None
Outcomes and Endpoints/Summary of All Outcome Recommendations	Core: None
	Supplemental – Highly Recommended: None
	<b>Supplemental:</b> MG Clinical Outcomes Recommendations by Domain and Classification – MG
	Exploratory: None



Disease/Domain	Recommendations and List of Forms
Outcomes and Endpoints/Global Outcome	Core: Myasthenia Gravis Composite - MGC, MG Status
	Supplemental – Highly Recommended: None
	Supplemental: MG Status
	Exploratory: None
Outcomes and Endpoints/Emotional and Cognitive Status	Core: None
	Supplemental – Highly Recommended: None
	Supplemental: Cognitive Guidelines for Use
	Exploratory: None
Outcomes and Endpoints/End Points	Core: None
	Supplemental – Highly Recommended: None
	Supplemental: Death Report
	Exploratory: None
Outcomes and	Core: None
Endpoints/Functional Status	Supplemental – Highly Recommended: None
Status	Supplemental: None
	Exploratory: Modified Rankin Scale (mRS)
Outcomes and	Core: None
Endpoints / Pediatric	Supplemental – Highly Recommended: None
	<b>Supplemental:</b> Pediatric Cognitive Instrument Recommendations by Domain and Classification, Pediatric Cognitive Instrument Table
	Exploratory: None
Outcomes and Endpoints/Pulmonary Function Testing/Respiratory Status	Core: None
	Supplemental – Highly Recommended: None
	<b>Supplemental:</b> Measures of Gas Exchange, Pulmonary Assessment Master Outline and Guidelines for Use, Pulmonary Function Testing
	Exploratory: None



Disease/Domain	Recommendations and List of Forms
Outcomes and Endpoints / Quality of Life	Core: None Supplemental – Highly Recommended: None Supplemental: Myasthenia Gravis Quality of Life (MG-QOL), Myasthenia Gravis Quality of Life 15 (MG-QOL-15), Short Form-Item Health Survey (SF-36) Exploratory: None