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Zarit Caregiver Burden Scale**

Availability:	<p>Please visit this website for more information about the instrument:</p> <p>Zarit Caregiver Burden Scale</p>
Classification:	Exploratory for Amyotrophic Lateral Sclerosis (ALS)
Short Description of Instrument:	<p>The Zarit Caregiver Burden Scale is a 29-item scale specifically designed to measure feelings of burden experienced by the caregivers of elderly persons with dementia. Caregivers are asked to respond to questions about the impact of the patients disabilities on their life.</p> <p>This can be completed by the caregivers themselves or as part of an interview.</p>
Scoring:	<p>The Zarit Caregiver Burden Scale is scored on a 5-point sliding scale with scores on items summed for the total scores. Items 14, 16, 20 and 29 are reverse-scored and subtracted from the total.</p>
References:	<p>Zarit, S.H., Reever, K.E., and Bach-Peterson, J. (1980). Relatives of the impaired elderly: Correlates of feelings of burden, <i>The Gerontologist</i>, 20, 649-655.</p> <p>Hérbert, R., Bravo, G., & Prévile, M. (2000). Reliability, validity, and reference values of the Zarit Burden Interview for assessing informal caregivers of community-dwelling older persons with dementia. <i>Canadian Journal on Aging</i>, 19, 494-507.</p> <p>Lai, D. W. L. (2007). Validation of the Zarit Burden Interview for Chinese Canadian caregivers. <i>Social Work Research</i>, 31, 45-53.</p>