**Availability:**
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**UCLA PTSD Index for the DSM-5**

**Classification:**
- **Supplemental:** Traumatic Brain Injury (TBI)
- **Exploratory:** Sports-Related Concussion (SRC) Subacute (after 72 hours to 3 months) and Persistent/Chronic (3 months and greater post concussion)

**Short Description of Instrument:**
The UCLA PTSD Index for DSM-5 is a revised version of the UCLA PTSD Index for the DSM-IV. The new DSM-5 version is a semi-structured interview that assesses a child’s trauma history and full range of DSM-5 PTSD diagnostic criteria. It assesses symptoms of PTSD and associated symptoms of guilt and fear of the event reoccurring. Major changes from the DSM-IV to the DSM-5 include eliminating the A2 criterion (fear, horror, helplessness), four symptom clusters, additional special criteria for preschool children (ages 6 and younger) and the addition of a Dissociative Subtype. 27 items are used to assess PTSD symptoms with the addition of 4 items (#’s 28–31) used to assess Dissociative Subtype. The assessment is divided into two parts:

  - **Part I:** Trauma History Profile (administered by a clinican)
  - **Part II:** Trauma History Profile (self-report screener)

A parent/caregiver-report version is also available. These instruments provide brief (20 minute) screening generating information about trauma exposure and resulting PTSD symptoms.

**Sports-Related Concussion Specific:**
- **Advantages:** Adequate psychometric properties. Assesses symptoms of post-traumatic stress in children.
- **Limitations:** There have been no studies with TBI, mild TBI or sports-related concussion.

**Scoring:**
The child/adolescents version has 31 item, The index score is the sum of all items rated on a 5-point Likert scale (0–4).

**References:**
- **Key References:**
- **Additional References:**
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