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**The American Academy of Sleep Medicine (AASM): International Classification of Sleep Disorders (ICSD)Criteria**

<b>Availability:</b>	*The American Academy of Sleep Medicine (AASM) has recently approved an update to the International Classification of Sleep Disorders-3 (ICSD-3).The updated version is currently available and may be ordered here: <a href="#">Please click here for the current version of the American Academy of Sleep Medicine International Classification of Sleep Disorders Criteria.</a>
<b>Classification:</b>	<b>Supplemental:</b> Parkinson’s Disease (PD), Spinal Cord Injury (SCI) and SCI-Pediatric
<b>Short Description of Instrument:</b>	<p>The sleep disorders are classified by dyssomnias, parasomnias, sleep disorders associated with mental, neurologic, or other medical disorders and proposed sleep disorders.</p> <p>The International Classification of Sleep Disorders (ICSD) consists of disorders primarily associated with disturbances of sleep and wakefulness, as well as disorders that intrude into or occur during sleep. The classification provides a unique code number for each sleep disorder so that disorders can be efficiently tabulated for diagnostic, statistical, and research purposes. The primary aim of the text is to provide useful diagnostic information. Diagnostic, severity, and duration criteria are presented, as is an axial system whereby clinicians can standardize the presentation of relevant information regarding a patient's disorder.</p>
<b>Scoring:</b>	N/A-There is no scoring for these criteria as they are intended to serve as guidelines for diagnosing sleep disorders.
<b>References:</b>	<p>American Academy of Sleep Medicine. (2014). International Classification of Sleep Disorders – Third Edition (ICSD-3). Retrieved from <a href="http://www.aasmnet.org/library/default.aspx?id=9">http://www.aasmnet.org/library/default.aspx?id=9</a>, 1 February, 2016.</p> <p>Epstein, L. J., Kristo, D., Strollo, P. J., Jr., Friedman, N., Malhotra, A., Patil, S. P., . . . Weinstein, M. D. (2009). Clinical guideline for the evaluation, management and long-term care of obstructive sleep apnea in adults. J Clin Sleep Med, 5(3), 263–276.</p>