### Availability:

<table>
<thead>
<tr>
<th>The instrument is freely available here:</th>
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<tr>
<td>Substance Abuse Questions from the TBI-Model System Dataset.</td>
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</table>

### Classification:

**Supplemental:** Sports-Related Concussion (SRC) Acute (time of injury until 72 hours) and Traumatic Brain Injury (TBI)

**Exploratory:** Sports-Related Concussion (SRC) Subacute (after 72 hours to 3 months)

### Short Description of Instrument:

One item queries use of non-prescription or illicit drugs within past year. Two optional items ask for the specific drugs used, and the frequency of use of each drug. Four items assess quantity and frequency of alcohol use in past month, and extent of binge drinking.

### Sports-Related Concussion-Specific:

**Advantages/Limitations:** It has been used by the TBI Model Systems project. Basic screen for exposure but not a diagnostic instrument nor a quantifiable instrument.

### Psychometric Properties:

These items were based on items in population-based surveys, including the Behavioral Risk Factor Surveillance System and the National Household Survey on Drug Abuse. The items are intended to provide a preliminary indication of problematic substance use. See recommendations of the Substance Use Disorders Work Group for a more complete evaluation of substance use disorders.

### Scoring:

The frequency of drug use, drinks/week, and binges/month can be determined. A dichotomous variable can be derived to indicate presence of "Problem Use" (use of any illicit drugs, binge drinking, or excessive drinking per the Dietary Guidelines for Americans).

### References:

Corrigan JD, Bogner J, Lamb-Hart G Sivak-Sears N. Technical report on problematic substance use identified in the TBI Model Systems National Dataset. The Center For Outcome Measurement in Brain Injury. COMBI.