| Availability: | **Please visit this website for more information about the instrument:**  
NIH Toolbox website. |
| --- | --- |
| Classification: | **Supplemental**: Traumatic Brain Injury (TBI)  
**Exploratory**: Sports-Related Concussion (SRC) Subacute (after 72 hours to 3 months) and Persistent/Chronic (3 months and greater post concussion) |
| Short Description of Instrument: | **Purpose:**  
The National Institutes of Health Toolbox is part of the NIH Blueprint initiative. It seeks to assemble brief, comprehensive assessment tools that will be useful in a variety of settings with a particular emphasis on measuring outcomes in epidemiologic studies and clinical trials across the lifespan.  
**Overview:**  
The ultimate goal is to help improve communication within and between fields of biomedical research and advance knowledge by using common data elements. The consists of surveys of Positive Affect, General Life Satisfaction, Emotional Support, Friendship, Loneliness, Perceived Rejection, Perceived Hostility, Self-Efficacy, Sadness, Perceived Stress, Fear, and Anger.  
**Time:**  
The evaluation will take approximately 12–22 minutes to administer.  
**Scoring:**  
There are individual scores provided for each measure, there are no composite score.  
**Other Important Notes:**  
The battery is designed to measure these domains in ages 3 through 85.  
**Sports-Related Concussion Specific:**  
**Advantages**: Simple measure that can constitute an emotional endpoint to concussion. It can be used for primary questions of role of personality style/structure in modulating recovery trajectory.  
**Limitations**: Not used with the population in previous studies |
| References: | NIH Toolbox Executive Summary. NIH Toolbox (accessed March 10, 2010).  