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Multidimensional Scale of Perceived Social Support (MSPSS)**

Availability:	Please visit this website for more information about the instrument: Please click here for the Multidimensional Scale of Perceived Social Support (MSPSS)
Classification:	Supplemental
Short Description of Instrument:	The MSPSS is a 12-item measure which assesses perceptions of social support from family members, friends, and significant others. The three subscales, each addressing a different source of support, were identified and found to have strong factorial validity: (a) Family, (b) Friends, and (c) Significant Other. In addition, the MSPSS has good internal and test-retest reliability as well as moderate construct validity. High levels of perceived social support are associated with low levels of depression and anxiety symptomatology as measured by the Hopkins Symptom Checklist.
Scoring:	Responses are formatted on a 7 point Likert scale with 1 meaning "very strongly disagree", 2 "strongly disagree", 3 "mildly disagree", 4 "neutral", 5 "mildly agree", 6 "very strongly agree", and 7 "very strongly agree." A total of 12-48 indicates low acuity, 49-68 moderate acuity, and 69-84 high acuity.
References:	Zimet GD, Dahlem NW, Zimet SG, Farley GK. The multidimensional scale of perceived special support. Journal of Personality Assessment. 1988; 52(1): 30-41