**Health and Behavior Inventory-Child Version (HBI)**

<table>
<thead>
<tr>
<th>Availability:</th>
<th>Please email the authors for information about obtaining the instrument: <a href="mailto:kyeates@ucalgary.ca">kyeates@ucalgary.ca</a></th>
</tr>
</thead>
</table>
| Classification: | **Supplemental – Highly Recommended**: Sport-Related Concussion (SRC) Acute (time of injury until 72 hours)  
**Supplemental**: Sport-Related Concussion (SRC) Subacute (after 72 hours to 3 months) and Persistent/Chronic (3 months and greater post concussion), and Acute Hospitalized TBI, Moderate/Severe TBI, and Epidemiology.  
**Basic**: Concussion/Mild TBI |
| Short Description of Instrument: | The Health and Behavior Inventory (HBI) consists of 20 items that measure the frequency of common post-concussive symptoms. There are three versions of the inventory – Child, Parent Current Version and Parent Retrospective Version. The Parent Retrospective Version is used for rating pre-injury symptoms retrospectively.  
**Sport-Related Concussion-Specific**:  
**Advantages**: Simple to use and developed specifically for pediatric mild traumatic brain injury. It has been used with increased frequency in the literature.  
**Limitations**: It does not measure pre-injury symptoms by participant themselves. |
| Scoring: | Symptoms are rated on a 4 point Likert scale from 1=never to 4=often based on frequency over the past week. Scores are summed for a total score, with higher scores indicating more positive health behavior. |
References:


