

**NINDS CDE Notice of Copyright
Dizziness Handicap Inventory (DHI)**

Availability:	<p>Please visit this website for more information about the instrument: Dizziness Handicap Inventory (DHI)</p> <p>Please email author to obtain copyright permission prior to use: gary.jacobson@vanderbilt.edu</p>
Classification:	Supplemental: Acute Hospitalized, Concussion/Mild TBI, Moderate/Severe TBI: Rehabilitation, Traumatic Brain Injury (TBI)
Short Description of Instrument:	The Dizziness Handicap Inventory (DHI), a 25-item self-report questionnaire was developed to evaluate the self-perceived handicapping effects imposed by vestibular system disease (Jacobson & Newman, 1990). The items in the DHI are subgrouped into functional, emotional and physical domains representing aspects of dizziness and unsteadiness.
Scoring:	<p>Scoring: Functional domain: 9 questions, 36 points; Emotional domain: 9 questions, 36 points, and Physical domain: 7 questions, 28 points</p> <p>Answers to questions are graded: 0 (No); 2 (Sometimes); 4 (Yes)</p> <p>Maximum score = 100 (28 points for physical, 36 points each for emotional and functional domains)</p> <p>Scores: Scores greater than 10 points should be referred to balance specialists for further evaluation.</p> <p>Mild Handicap: 16–34 points</p> <p>Moderate Handicap: 36–52 points</p> <p>Severe Handicap: 54+ points</p>
References:	<p>Jacobson G.P., Newman C.W. (1990). The development of the Dizziness Handicap Inventory. <i>Arch Otolaryngol Head Neck Surg</i>, 116(4), 424–427.</p> <p>Mutlu, B., & Serbetcioglu, B. (2013). Discussion of the dizziness handicap inventory. <i>J Vestib Res</i>, 23(6), 271–277.</p>